

Bringing in the new season with two great tournaments:  
The Fall Kick Off Sept 17th-19th &  
Auburn VW Open Oct 8th-10th

### Contacts



# Washington Women's Racquetball

### Fall Kick Off

Sept 17th-19th Lynnwood Bally's  
**Pat Lew** and **Bill Dodge** are hosting the **Fall Kick Off Sept 17th-19th** at the **Lynnwood Bally's**. This is the first tournament of the season and a perfect opportunity to get back into tournament mode! Attached to this email you will find the sign up sheet. Rumor has it several women are already planning on attending this event!!

### Auburn VW Open

Oct 8th-10th Kent Bally's  
A few weeks after the Fall Kick Off **Neal Heggen** will be hosting the **Auburn VW Open Oct 8th-10th** at the **Kent Bally's**.

Both of these tournaments are great starts to the season. We look forward to seeing you on the courts!!

Feel free to contact me at any time!

### **Angela Benjamin**

**WRA Women's Board Chair**

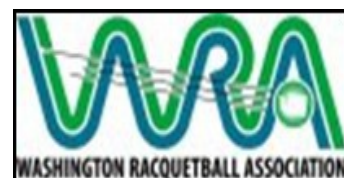
206-854-8101

angela31372@aol.com

### **Committee Members:**

Cheyenne Hayes

Karen Jaskolka



### Play Days

#### September

Ladies the play days are also listed on the **WRA website** on the calendar ... thanks **Keith and Lori Turley!!!**

**Sept 25th Everett 11am 6pm**

Hosts: Brian Gillespie &

Ryan Matthews

Everett Family YMCA

2720 Rockefeller Ave Everett



**Sept 25th Tri Cities 12noon-5pm**

Host: Heather Nelson

Tri City Court Club

1350 N Grant St Kennewick

#### October

**Oct 17th Yakima 11am-2pm**

Host: Kristal Graham

Kristell\_o@hotmail.com

Yakima Athletic Club

**Oct 30th Puyallup 10am-3pm**

**"Vintage 80's Back in the Good Ole Days"**

Hosts: Beth Neff &

Alyssa Boland

teamneff@yahoo.com

The Competitive Edge

## Beginner Clinic in Puyallup

Here in Washington we are very fortunate to have some top women players who are AMPRO certified instructors. This is a huge advantage for us because who better to help you improve your game than another woman! Not that a man can't help, they can, but another woman will understand your body better, right?

**Beth Neff**, a certified **AMPRO instructor** is offering a one day beginner clinic on **Saturday October 2nd**. The class is limited to 8 people and is on a first come first served basis, the

**cost** is \$85 (well worth it!). This is a beginner clinic which means only Novice/D and C players can attend. This is a great opportunity to learn from one of the top women players in the state!

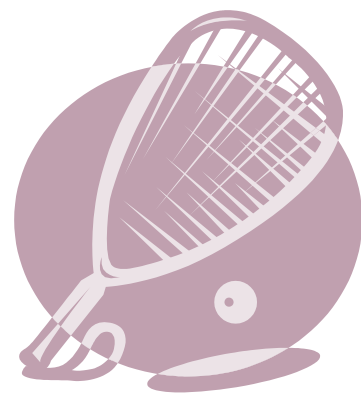
The location of the clinic is:

**The Competitive Edge** in Puyallup

3600 9th St SW,

Puyallup, WA 98373

**You must pre-register for the clinic, please call: 253-840-8581 or 253-208-8107.**



## Racquetball Leagues

### Olympia

**Cheyenne Hayes** will be starting a women's league at the Bally's in Sept. with two women's divisions. There will also be a league at the LA Fitness in Lacey. If you have questions please contact Cheyenne at [olympiaizzys@aol.com](mailto:olympiaizzys@aol.com)

### Bellingham

**Wanda Collins** has a league the third week of Sept. at the Bellingham Athletic Club on Wed evenings. The league is open to both members and non-members and runs from Sept 22-Dec 15. Contact Wanda at [wanda@washingtontoracquetball.org](mailto:wanda@washingtontoracquetball.org)

Getting involved with a league is a great way to improve your game. You'll play people you've never played before!

Check your club for leagues!!



## The WPRO and the Puget Sound Challenge

It's still in the works! **Cheyenne Hayes** and her group of women are working hard at bringing the **WPRO** to the **Puget Sound Challenge** in Nov. Start preparing for this tournament and enter either the **Fall Kickoff** or the **Auburn VW Open**!

## Shoot Outs

**Sept 11** One Day Doubles Shoot Out

La Fitness in Federal Way

Hosts: Fran Davis and Ben Doniego 253-838-5900

**Sept 25** Mountlake Terrace Tournament

Host: Donna Triemstra 425-220-0685